

QUALITY CONTROL IN FOOD PROCESSING BUSINESSES

Introduction

Quality control (QC) is not an optional extra in food processing; neither is it something that is only done by large manufacturers. It is an essential component of any food processing business. The purposes of quality control are:

- To protect the customers from dangers (eg contaminated foods) and ensure that they get the weight and quality of food that they pay for.
- To protect the business from cheating by suppliers, damage to equipment (eg stones in raw materials) and false accusations by middlemen, customers or suppliers.
- To be sure that food laws operating in a country are complied with.

Quality control need not be time consuming or expensive and the results of quality control tests should help save money in the long run. In general, the quality control procedures used should be as simple as possible and only give the required amount of information (too little information means the test has not done its job, too much information and management decisions may be delayed or confused).

Quality control is used to predict and control the quality of processed foods. It is no use producing a food, testing it to find the quality and then trying to find a buyer for that particular batch of food. Quality control is used to predict the quality of the processed food and then control the process so that the expected quality is achieved for every batch. This means that quality specifications must be written and agreed with suppliers or sellers and control points must be identified in the process.

Quality specifications

The quality of foods or ingredients can be measured in different ways but one popular method is to describe 'quality attributes', see Table 1. A specification can then be written and agreed with the supplier or seller, which lists the quality attributes that are required in a food. An example of a quality specification for tomatoes intended for processing into a paste or leather is shown in Table 1.

| Attribute | Accept | Reject |
|-------------------------------------|--------------------------------------|---|
| Colour | Orange/red | More than 10% green |
| Size | Any | - |
| Shape | Any | - |
| Damage - splitting - insect - mould | Less than 5% Less than 5% None | More than 5% More than 5% Any evidence of mould |
| Hardness | Soft to oversoft | More than 10% hard |

Table 1 - Quality attributes for tomatoes



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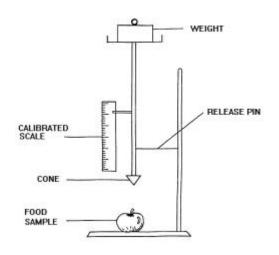
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Quality Control

A number of points arise from such a specification:

- A representative sample of the food must be tested to make sure the whole batch meets the specification (for small batches it might be possible to examine every item). The size of sample needed for testing can be calculated, but this is fairly complex and usually unnecessary for a small-scale business.
- The percentage of substandard items which cause a batch to fail the test can be increased or decreased depending on how reliable the supplier is or how important the particular attribute is to the seller/manufacturer.
- Some attributes may need to be tested using equipment to avoid arguments over interpretation. In Figure 1 the hardness could be tested with a simple 'penetrometer' to define what is 'hard' and what is 'soft'.





The size and shape of the tomatoes is not important because they are to be crushed to a pulp. In other examples (eg fruit for bottling) the size might be important. The ripeness and flavour of the tomatoes (assessed by colour and hardness) and damage caused by poor storage and handling are very important and the specification concentrates on these. Each specification takes account of the intended use of the products and the likely important faults that could be expected.

Quality attribute Example

Quantitative 6

Hidden

Harmful substances Aflatoxin in groundnuts
Microbiological Number of bacteria in a food
Nutritive value Vitamin content of a food

Additives Artificial flavours, thickeners etc

Sensory

Colour Ripeness of fruit

Size, shape (appearance) Size of chopped food, particle size of flour Thickness or texture Size of chopped food, particle size of flour Juice consistency, toughness of meat

Taste Saltiness, sweetness, sourness and bitterness

Flavour Characteristic flavour of tomato

Control points

In every food process there are particular stages which affect the quality of the final product (eg the amount of heating given to pasteurised juices affects the colour, flavour and storage life or in sausage the amount and type of grinding affects the texture of the meat). These stages are



identified as control points and quality control checks are made at these points to control the process.

Manufacturers therefore need to identify the control points in their process (using outside technical assistance if necessary) and set up a specification for the operators to use. For example, in jam making the amount of pectin, fruit and sugar should be carefully controlled and weighing of ingredients is a control point (weights of each ingredient specified and each carefully weighed out). Likewise the acidity of the jam, the sugar content after boiling and the temperature of filling are each control points. The mix should be checked for correct acidity, the sugar content checked during boiling using a thermometer or refractometer and the temperature checked before filling using a thermometer.

Checks at the control points can therefore be used to control the process and ensure that each batch of product has a similar quality.

References and Further Reading

Food Processing Equipment Design Technical Brief ITDG Food Processing Building Design Technical Brief ITDG Food Poisoning & Its Prevention Technical Brief ITDG

Quality Assurance for Small-scale Rural Food Industries: FAO Agricultural Series Bulletin 117, Food and Agriculture Organization of the United Nations 1995

Food Hygiene Training: A Guide to its Responsible Management Institute of Food Science and Technology 1992

Making Safe Food: A guide to Safe Food Handling and Packaging for Small-scale Producers ITDG Publishing 1998

Starting a Small Food Processing Enterprise ITDG Publishing 1996

Useful Organisations and Contacts

Natural Resource Institute Central Avenue Chatham Maritime Kent ME4 4TB United Kingdom Tel: +44 1634 880088

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Web: http://www.agralin.nl/agromisa

Aromisa is a Dutch non-profit organisation affiliated with the Agricultural University of Wageninen in the Netherlands. Agromisa provides information and advice on small-scale sustainable agriculture and related topics in order to support and strengthen self-reliance of the rural populations in the South.





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The HDRA is the leading organisation for promoting, researching and demonstrating organic horticulture and agriculture in the UK. For several years, the HDRA International Research Department has been running an overseas programme.

Useful Internet Sites

- 1. Humanity Libraries Online http://www.humanitylibraries.net/
- 2. Food and Agriculture Organization of the United Nations http://www.fao.org/



