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INTRODUCING

BY BAXATOS XORE
FREN-Z EDITOR-IN-CHIEF

Anyone can speak of necessity. It is easy for me to say things like “We must create alternative art, and alternative culture, to defeat the dystopian nightmare we’re living through.” I believe this statement to be true and I voice it to any sympathetic ear that I find. All the same, advocating for a cultural movement is not the same thing as participating in a cultural movement. Even though I was making content on various websites, I felt like I wasn’t living my own advice. Shitposting alone isn’t going to win the culture war. You might change a few minds, or even rekindle a few Normies, but in the end your posts 404 and you’ve done little to help your society.

I thought long and hard about my hypocrisy on these matters. How could I sit around and let the world crumble? I considered many courses of action, but there were some that needed to be ruled out right away. I am willing to make sacrifices, but I have a family to provide for. If I was to do anything extreme, the end result would be pain for my loved ones, with little to show for it. If anything, acts of violence will only be used to justify further dystopian policies. For this very reason, many frens suspect government involvement in the convenient tragedies for which our broad political faction is often blamed. I refer to them as “convenient tragedies” because they always seem to happen shortly before election season, with plots packaged perfectly for normie media consumption.

So what is there to do for those of us who have something to lose? Are we to cower and hope that the next thing taken from us won’t be missed? Are we resigned to offering our bellies to the enemy, in hopes that they won’t cut too deep if we’re holding still? I can’t abide such a pathetic existence, and neither should you.

Enter FREN-Z. A magazine by frens for frens. The content here will not be perfectly uniform, nor do we have an official ideology we’re endorsing at this time. Two different articles in the same issue may contradict one another, either in whole or in part. Opposing authors may be featured side-by-side. We’re not here to tell you some singular secret, or to promise that every word printed will hold up eternally in the face of time. Instead, we’re offering a desperately needed alternative to the garbage published by the ruling class. Frens can make submissions to our magazine and have their voices heard without fear. Frens can submit content under their real name, under a pseudonym, or anonymously.

FREN-Z seeks to allow for the discussion of ideas without censorship. That is not to say that we’re an “anything goes” publication, as we will not publish content we find morally objectionable, nor will we publish anything that we feel is against the best interests of frens in general.

Our name was chosen for several reasons. First, it is pronounced “frenzy,” which was no accident. You should be in a frenzy. Our society is run by a group of rich criminals. The revelations of Jeffry Epstein’s child rape island should be all the proof a person needs. Look at his guests list: full of royalty, presidents, chart topping musicians, and movie stars. Imagine what those people were doing there, on an island full of underage sex slaves.

Why aren’t any of those people under investigation? Why do normies continue to buy their latest albums? Why do normies pay money to go see their films? At a certain point, complacency of this nature is a soft endorsement of their sick, vile deeds. It’s especially confusing after the “Me Too” movement, and the normie obsession with preventing sex crimes. Do these multimillionaires, billionaires, and trillionaires, all of whom seem to be involved in sex crimes, not possess more privilege than any other group alive? Now is it that the average, impoverished white person is more responsible for the sins of the world than these absolute monsters, many of whom are non-white?

Next, FREN-Z is short for “Fren-Zine,” which, in and of itself, is short for “Fren Magazine.” The idea of a zine goes back to old school punk culture, which, without the benefitted of the internet, often spread itself through low budget magazines. Punks would print and staple each issue by hand, often creating new content out of a pastiche of third-party content—an early example of what we now call “transformative use.” Many of us may have a disdain for contemporary “punks” and their “alternative culture,” at least as it’s presented by the media complex. Perhaps certain elements of their movement have always been degenerated. All the same, their methods worked wonders. Without any budget, and with no central organization, they were able to permanently influence the cultural landscape. Thus, we resurrect the mostly-dead zine format. We have no budget. We have no central distributor. All we have are skills and goals, and that is surely enough.

Lastly, FREN-Z could be read as “frenz,” or “frens”—a simple plural of “fren.” Or you could, perhaps, read it as “FREN-Z,” the last in an alphabetical sequence of frens. We’d like to think that frens, in general, are the last true friends that our society has. Frens are the last group of intellectually honest people. By this reasoning, we don’t mind these interpretations of our name. Signs and symbols often carry many meanings, and ours are no different.

You don’t have to throw your life away to make a difference in the war. A big part of the action is ideological in the first place. We’ve long lamented the total takeover of Globohomo and the cultural rot that has followed. We’ve faced nearly a century of nonstop demoralization and degradation. Our holy books have been defiled and twisted into new “interpretations.” Our cinema vilifies anyone who stands up against the madness. If this is a war of impressions, then we have a message that we have to send, and it’s a simple one:

We’re the good guys.
You know you’ve felt it. That sense of wrongness. You look around you at the world and people seem to have lost their minds. You might read a book from a century ago, full of truths that now seem obvious, only to see people endure Olympian feats of mental gymnastics to avoid accepting those same truths. Or you may see a blatant hypocrisy from the ruling class, while your peers treat you like a pariah for pointing it out. Maybe you just noticed the hypercoordination of the media complex and the speed at which they contradict themselves, and that was all it took.

You know that things are wrong.
You aren’t alone.
Perhaps you’ve lost friends for knowing. There’s a good chance it has cost you money. Maybe you’ve been alienated from your family, too. We’d also express no surprise if it’s complicated your romantic life. None of it is especially pleasant, and many who see the wrongness around them choose to ignore it to avoid these punitive measures.

Others cannot ignore it. Be it for moral, ethical, preservative, or compulsory reasons, it matters little why. These people—our people—simply can’t abide the madness any longer. Of this group, there are (at least) two more divisions to make: those who fall into despair and those who can face the horror with a smile. Your membership in either group might switch day-to-day, or even moment-to-moment.

A sense of ironic detachment has developed among those of us who have spent too long in the “smiling at the horror” group. Sometimes it’s necessary to let yourself contemplate the weight of the evil in the world. There is, however, a utility to ironic detachment. If this is, as is often said, a Clown World, then most of the fools within it are over-dramatic imidos—sad clowns, viewing things in black and white, never saying anything of substance.

Allow those of us with that precious detachment, with all the detractors it might bring, to out-clown our enemies. They are confined to invisible boxes of their own making, as unreal as they are unnatural. We must do our duties as the good clowns—the funny clowns, who people might actually pay to see, if people were going to pay for clowning—to smash through their boxes, unicycles aflame, noses honking shrilly through the cool evening air.
REXuce, REMOVE, REVILE

Escaping Globohomo One Step at a Time

by Bax Atos Xore

So many of our frens lament the state of our culture. I can’t count how many times I’ve seen posts about Globohomo indoctrination in Marvel movies, Jewish influence in Hollywood as a whole. While these people are using the mainstream cinema, fashion industry, and news media as weapons against us, they aren’t the paint-and-shoot kind of weapons. For you to get a full dose of MULTRÁ-style psychological conditioning from your TV, you have to turn it on first.

It’s like saying someone shot you when, in reality, they only gave you the gun that you shot yourself with. Sure, maybe they helped you when you were going to shoot yourself, or even told you to do it, making them somewhat complicit in that sense, but they sure as hell aren’t the one who shot you.

The simple solution to escaping the Globohomo media complex is this: reduce your media consumption, remove the causes, and revile those making it.

I do not believe that it is wrong to consume some media. The real problem is over-consumption and poor media choice. If you were to spend an hour reading every night, the benefit of that reading will outweigh directly back to what you chose to read. If you were to read a textbook on math or engineering, you’d expect some improvement in those fields. If you were to read a well-crafted novel, you might learn something about the human condition. If you were to read Playboy, you’d probably end up a coomer before too long. Not all media is created equal.

Likewise, if you were to find a collection of films that were grossly shot, highly educational, and wonderfully entertaining, you might want to spend some time watching those. If you got too obsessed with these films, or with finding more like them, that took up twelve hours of your day, then you’d be over-consuming.

A similar phenomenon is present in those who cannot stop watching things in the background while they work. How many of us feel uncomfortable focusing on a complex task in a silent room? Too many, from my estimations. I myself struggle to go an entire day without sitting in “background noise,” but... like all media consumption – I don’t think it’s an all-or-nothing proposition. It’s more about limited use.

you’re working with your hands, maybe some music or a podcast might do you some good.

What won’t do you good is listening to Globohomo propaganda while you work. If you’re serious about getting free of these people, try to invest your time in alternative media. Break your mental associations between budget, audience size, and quality. Look into other media, from before things got completely degenerated. Watch, play, read, and listen to the work of other them, if “Garbage in, Garbage Out” is true, then “Gold In, Gold Out” is true as well.

You should keep high standards as to what you’re consuming. If you say harmed LGBT+ propaganda, turn it off. Don’t just sit there and pretend not to mind. If someone asks you to watch something with that nonsense in it politely decline. Say you’re not interested, or be more blunt if you don’t care to spare their feelings. As silly as it is, many peoples miss a lot of their identity in big budget media franchises, so you risk plaging them off if you insult a book they like, or a movie they enjoy.

That’s all part of the final step: revile. You’ve got to speak out against these people. Insult them. Decry their films as smutty propaganda. Point out any and every flaw. Be hypercritical. Use their own beloved tactic against them: deconstruction, semantic analysis, and synaptic interpretation. Paint their garbage in the worst light imaginable and present zero tolerance for it. Only then can we be finished with the media complex that’s dominated decades of our lives.
I’M GOING INSANE

BY FREH, THU 30 JUN 2022 20:12:52  https://archive.ph/ELOSA

Feeling like I’m going insane. No matter where I go, degeneracy around every corner. Not even only online. Going outside is like a circus: fucking fat pigs, naked women, gay flags everywhere. The images of women in disgusting ways... I don’t know why, but everything is so ugly. The consumer culture. No matter where I am — no matter where I am — a swine is there.

This city is making me insane with its bright white LED lights and cancerous charges. That’s the city of Rotterdam.

I think I’m going insane.

How to improve myself and not go insane in this city?

“You need some like-minded friends...”

“All you need to do is find them.”

A Response from a Freh, Thu 30 Jun 2022 20:52:39

It happens to all of us: a looming feeling of doom through degeneracy. It’s much worse if you are alone though. I think you need some like-minded friends — don’t we? All you need to do is find them.

MAKE IT STICK

A Guide to Stickering Safely by StickerFag and the Right Wing Sticker Squad (RWSS)
The following is an article created by combining advice from several frens, posted across multiple threads, though much of this material was originally written by the fren who goes by Stickerfest. We’ve combined everything and made changes as necessary to make it flow as a singular piece.

https://archive.ph/eyPmG

>How can a few stickers change something?

Little shit adds up. If 10,000 of us went stickerizing once a week, the news would be screaming about “much NAZI!!!” right away, fren. We’d get our message out and the Jew would see. Eventually, we could use that as a mechanism for advertising our new breakaway platform/services. Frens helping frens to defeat evil.

"PUT THEM IN EVERY BATHROOM STALL YOU USE"

BEWARE MICRODOT AND SURVEILLANCE CAMERAS

Many modern printers use a technology called “Microdot” to leave a sort of “fingerprint” on everything, making it easier for investigators to figure out where a print came from. It uses microscopic yellow dots that can’t be seen by the naked eye. If you’re worried about a print being traced to you, use the Dots Extraction, Decoding and Anonymisation toolkit: https://github.com/dtd-tud/dddA

DDEA is a piece of software to anonymize your prints. There’s a guide on their GitHub. It won’t do any good against actual fingerprint prints, or getting caught on camera posing those where you shouldn’t. But 99% of the time a wagle will just be forced to remove your sticker, even if it’s massively offensive. As long as you don’t threaten violence or say anything too extreme, you won’t be worth the local cop’s time. All the same, don’t tempt fate by stickering something “offensive” directly in front of any obvious cameras.
PART TWO: DESIGNING AND PRINTING

We need to look sleek and professional. Normies are suckers for superficial polish. If you’re making your own sticker designs, always go out of your way to make it appeal to your target demographics. This means you want to put extra touches in wherever possible.

An easy way to do so is by making QR codes. If included, more attractive people in your target service like QR Code Monkey (https://www.qrcode-monkey.com/), you can completely customize the colors, and style the code, and you can add a relevant logo to the center. This will help your QR code stand out. It also allows you to make replacement QR codes that imitate official QR codes from other promotional materials in your area.

Emulate their color scheme, logo, etc., but make it link to something subversive. Then, when they can see its unsealed, paste the replacement QR over the original code. This allows for subtle sabotage of enemy materials.

For actual software to design stickers in, you can use Paint.Net (https://www.getpaint.net/) or Krita (https://krita.org/en). Both of these image manipulation tools are capable of anything you’d ever want to do. You may need to hunt down more interactive—but they’re all still free. You shouldn’t use Photoshop, as Adobe is not a friendly company. We cannot and should not trust them. Their software is overpriced garbage at this point anyway. As for the content of your design, I would urge you to think carefully about the end result you’re seeking. Don’t just make straight, transparent propaganda all of the time. Consider taking a pappy approach or utilizing Jewish strategies. Pretend to be your enemy and put words in their mouth—the more uncomfortably true to nature, the better. They do the same thing to us already, with far less attention to our true nature, so don’t feel too bad about it.

If you need to host content, or imagery, that a QR code or URL will be linking to, then make sure it’ll still be there in the long term. I recommend setting up a blog (https://baying.com) for image hosting. They’re simple and clean, no registration, and anti-censorship. They only remove illegal shit. For extra backup of imagery, or for backup of any webpage in general, you can run the direct URL through archive.today (or archive.org, or whatever the address is right now). This ensures that, so long as the content is legal, it’s probably not going anywhere for a long time. It also helps to keep a third party from maliciously changing the contents of a page you’ve linked or from the URL of content changing, thus breaking your QR code. Archiving content should be your default mode of operation by now, either way.

Finally, less is often more. If you can say it with a stark visual instead of a paragraph, go for the visual. Try to keep things brief.

"PRETEND TO BE YOUR ENEMY AND PUT WORDS IN THEIR MOUTH"

PRINTING AND FORTIFYING YOUR OWN STICKERS

There are many brands of sticker paper and not all of them are created equal. If you skimp on the paper, expect your ink to smear. You want something strong, vinylic, weather resistant, and with high absorbency. After experimenting with some cheap sticker paper in some cheap printers, you’ll find that most sticker paper doesn’t work as desired.

While there are brands out there that make comparable products, I can verify that MECOLOUR’s sticker paper makes a good base for our purposes. Of all the brands I’ve tried so far, they’re the best balance between price and quality. Other brands I’ve tried have either looked too cheap, required 5+ layers of fixative to protect the black ink from touch-smearing, or have fallen apart right away when exposed to water. MECOLOUR makes paper that seems to take the ink better, regardless of your printer’s settings. If your printer has a glossy/photo paper setting, you can probably make better usage of just about any glossy sticker paper, but if you’re using a printer without explicit support for glossy/photo paper, expect many brands of glossy paper to have issues with ink absorbency. With MECOLOUR’s setting the print quality to “high” on an absolute junkheap of a printer that allegedly didn’t support glossy, photo, or sticker paper but was just enough to get professionalish-looking results.

If MECOLOUR isn’t to your liking, make sure whatever you pick is rated as having high absorbency. That seems to be the key. Weather and UV-resistance are a plus.

Regardless of the quality of your paper, also consider the benefits of spraying your stickers with a clear fixative after printing. This will make them stand out. Fixatives come in many varieties. Look for clear, glossy finish fixatives, with weather and/or UV protection for an extra bonus. Shake the can thoroughly and stand slightly away from the sticker sheet. Apply light coatings, waiting 10-15 minutes between each coat. Don’t just apply a singular coat, as that seems to be insufficient for any serious protection. Lastly, consider stacking multiple kinds of fixative if you’re having trouble fortifying your stickers. This can be a lengthy, pain in the ass process, so if you can get sticker paper that doesn’t suffer from smearing/degradation as easily, you can reduce or eliminate the need for fixative. Otherwise, do half a dozen layers, and then leave it to dry for a few hours before cutting the sticker sheets up. Needless to say, this is best done outdoors, as fixative isn’t healthy to breathe in.

Just about any printer will do for printing the stickers, but make sure you’re getting sticker paper that will work with the kind of printer you’re using. You should also seek out a printer that doesn’t make you register to use it. In a perfect world, you’ll be using an older inkjet or laser printer, with no registration, that you bought secondhand and in cash. If you want to give into the paranoia, you could use it exclusively on an offline TAILS distro, passing each print through DEPDA to thevert Microuint.

For ease of cutting, I’d recommend a long, guillotine-style paper cutter. You can probably get one for $20 or less at your local office supply store. I’ll let you make fast, straight cuts, and it’ll make production less of a pain, presuming your stickers are square/rectangular.
When adhering stickers or signs to posts near roads, put them on the pedestrian side so passing cars can’t see them. Cars can’t read them anyway. The stickers are for pedestrians. This way, the civic crews don’t see the stickers from their cars, and so they don’t schedule the posts to be cleaned. You can have your stickers and signs last for years and years.

When adhering stickers at gas stations, consider placing them on the “door” above where the gas nozzle is placed. If pressure is applied to this “door,” it often stops the gas from pumping. When the nozzle is returned, it makes the sticker virtually invisible, thus allowing it to go unnoticed by the waggies at the gas station. This will allow a sticker to stay up indefinitely, as any normie who goes to remove it will fuck up their own transaction in the process, making it a frustrating and time-consuming task. Ultimately, most normies won’t bother after dealing with the situation once. With wages overlooking your stickers, and with normies being too pathetic to inconvenience themselves, you can get much more mileage out of each posting.

When adhering stickers in bathroom stalls, you might use similar tactics. Try to pick spots where a patron using the restroom will see them, but the waggie cleaning the stall might not notice. Try putting them on the backs or toilet paper dispensers. High up on the wall where a waggie can’t easily reach, or somewhere that’s blocked when the stall door is open.

After you’ve attached your sticker/sign, it helps to rub it in with a hard tool to remove air bubbles, and then to slice it with a razor or a crosshatch pattern. The purpose of this is to make removal extremely time consuming, as a sliced sticker will never come off as a sheet, but instead in tiny strips, each of which have to be scraped off. This is especially useful if your sticker/sign has corners that one could use for leverage when removing it.

For “banned” symbols, or otherwise controversial materials, try not to encircle your house/neighborhood with them, and especially not in a way that would suggest that you live nearby. You want your area of effect to be disconnected or offset from your own home.

Consider driving an hour or two away to a nearby city that you’re familiar with. Additionally, take special care when stickering in areas you frequent during your day-to-day life. By doing stickering in these frequented spots, you increase your chances of being noticed by someone who you’ll encounter again. Sticking in a spot you’re familiar with, but that you don’t mind abandoning if you’ve pissed the owners off, is ideal.

If you’re stickering outside, be aware of your surroundings. If someone is walking towards you while stickering, and you don’t feel they’ve noticed the nature of your task, just lean on the area you’re stickering and pretend to be on your phone until they pass. Don’t run for no reason, as it looks suspicious. However, if the jig is up and they’ve seen that you have a pocket full of swastikas, it might be good to make a quick exit from the situation.

Be smart out there, frans. One of the benefits of stickering is that it’s a non-confrontational way of breaking NFC programming over time. Good situational awareness helps preserve that non-confrontational aspect.

You may be tempted to photograph your work. This is only natural, and don’t do yourself through posing pictures. Be careful that any image posted has its EXIF data scrubbed. Don’t catch your reflection in any pictures you take. Don’t stop to pose in front of a sticker. There is utility to having pictures of stickers in the wild, but just the stickers. Consider deleting (with a file eraser that overwrites the data) any images you take after you’ve done posting them.

"YOU CAN HAVE YOUR STICKERS LAST FOR YEARS AND YEARS."
PART FOUR: A CAUTIONARY TALE

THE ARREST OF PORTLAND FREN

There has been a recent arrest for stickering! It was in Portland (a leftist shithole) and the fren who got grabbed was not being clever. Let me break down his mistakes for future references!

Source for the below quoted arrest info: https://archive.md/xOMan

First, he placed the sticker on the fence of a private property, owned by the Immigrant and Refugee Community Organization. That was, frankly, retarded. The IRCO has close ties to Portland pigs as it is. Don’t go to privately owned organizations, operated by our enemies, friendly with pigs, and put stickers on their property. That’s when you find people who give enough of a shit to make a problem for you. If you must do that, put it in their bathroom so it is not in article.

This brings us to Portland Fren’s Second mistake: he put the sticker outside, right in front of a camera, while driving his personal vehicle, also caught on camera. That featured “a palmelto State Armory sticker of a man with a gun in a Hitler pose with the word ‘pamphlet’ written above his head.” This might seem obvious, but don’t tag your vehicle with something blatant like that. If they don’t get your plate and you have no stickers/tags/identifiers, you’re less likely to get caught. If you drive a white pickup like Portland fren, know that there are 1000s of white pickups festing around, but very few with stickers heeling Hitler.

All of this might have been ignored and forgiven if it weren’t for Portland Fren’s Third mistake: “According to court documents, the sticker depicted the Iron March, a neo-Nazi white supremacist organization that advocates for violence against Jewish people, immigrants and communities of color.” Thus, they took it as a threat of violence and charged him with “bias crimes.” Yes, “bias crimes.” We live in a literal dystopia. Get that through your head and understand that people won’t be reasonable. You can’t make them see reason.

In short: don’t put stickers on private enemy property, don’t make yourself blatantly identifiable, and don’t give them a route to saying you were advocating violence. All of my stickers are designed to avoid advocating for violence, but depending on your area they could be considered some form of ‘bias’ or ‘hate speech.’ I can’t give you a promise that they’ll be legal by your local laws, so you need to know what you’re doing. If you’re making your own stickers, don’t associate them with any contemporary organization known for/alleged to commit violence.
FROM NEWFREN TO MASTER
A CRASH COURSE META-GUIDE TO HELP
YOU GET YOUR SHIT TOGETHER

https://archive.ph/agaqw

WHAT FOLLOWS IS A SIMPLE GUIDE POSTED IN RESPONSE TO A FREN'S REQUEST ON THE /SIG/ BOARD. WE HAVE EDITED BOTH THE REQUEST AND THE GUIDE FOR READABILITY. THE MEANING AND SUBSTANCE OF EACH PIECE REMAINS THE SAME. FREN-Z FEELS THAT WHAT FOLLOWS IS GENERALLY GOOD ADVICE FOR STRUGGLING FRENZ AND YOU MAY FIND SUCCESS IF YOU FOLLOW IT. WE MAKE NO GUARANTEES.

OP'S PROMPT: HOW TO CHANGE SOME ASPECTS OF ONE'S SELF
BY FREN, WED 11 MAY 2022 23:51:19

Lads from /sig/. I don't know if you can help me with this, or if it even makes sense. I think I'm starting to identify the problem. It may sound familiar to you since it fits the typical imageboard user.

20yo
Virgin
No GF, never had
No beer other than co-workers, except for my best friend from high school, whom I go with to do exercise

I know I have not shown a proper effort towards getting a gf. No excuses there. But it surely is demoralizing. Demoralizing because of my own idiocy, lack of social tact, and lack of self awareness. Sometimes I'm swinging from moods randomly. As in: everything goes well, I'm feeling fine and I do some small, stupid thing and shit up something I thought I'd never done: My mood swings to irritation and feelings of "I truly fucked up. I'm an idiot" - that's not how a 20 year old dude should act at all. This attitude then translates into discomfort with others then pushing them away with my bitchiness.

Like many other frons who may be reading this, I yearn for an intimate relationship. Seeing others who manage to have what I've never experienced makes me feel like it's over for me. At first, I thought I'd had a crush on a co-worker, but it was just that: yearning for something I've never experienced. Now, I feel like I'm being an asshole to her as well. When I saw her fritting with a co-worker it bothered me. It makes me wonder: how does he do it? Anyway. I know there's the possibility to change, but I don't really know how. Hopefully this thread will also be useful for other frenz.
THE RESPONSE: FROM NEWFREM TO MASTER
BY FREN TUE 17 MAY 2022 12:35:47

A lot of people have had similar experiences, OP. By first admitting you need improvement, you've already made the right track. I'm not going to moralize at you or tell you what's right. I'll tell you what I've found effective in my own journey. I went from being a social inactivist to a social organizing person. I have a living girlfriend and a job that pays enough to support us both comfortably. I view this as a blessing, despite my past mistakes and choices I once made to live through. To help others make similar progress, I'd like to share this useful to whomever may read it.

STEP ONE: EVALUATION

First, I would recommend you create an entire day for yourself. If all is possible, or get as much concentrated time as possible if an entire day is out of the question. If you're only just hitting your 20s, I'd imagine you have more spare time than a guy in his late 20s. For other ages, if you can only spare an hour, make it count. Use this time to evaluate yourself. your life, your goals, and your methods for getting to those goals. Get a piece of paper (yes, really). Don't type it, write it. If the intimacy of this process is important) and organize it however makes the most sense to you.

What are your strengths? Your weaknesses? What are you proudest of? Most importantly: what do you want out of life and how are you going to get it?

You don't need perfect answers to any of these questions. It's important that you think of them for now and do your best to map them out. By the simple act of addressing these issues and putting your thoughts on paper, you're better knowing yourself. Any new questions that arise from this process can be handled as they arise and ask or answer them then and try to answer them. For example: Asking yourself: What are you proudest of? What are you the most ashamed of? What is a substance abuse issue in your life (drugs, alcohol, etc.) and do you see things that could be used responsably and you

might then ask yourself some things like: Do I really need this substance? What does it give me? Is it going to cause me grief? Does it impact your relationships? Does it have a price? If you are able to destroy your self-esteem afterwards to prevent the exposure of your personal information, but if all it possible I would strongly suggest keeping this document re your periodically. You may repeat this exercise when the answers on the page becomes outdated, incomplete, or otherwise unsatisfactory to you. For this reason, would record the time and date of your meditations. You would even do this in diary form, making a regular ritual out of self-evaluation.

Regardless of the keeping of a formal diary or a consistent evaluation as described, you do need to keep a quantitative record of your progress. We'll touch on that more later.

STEP TWO: EDUCATION

You've now identified some issues to work on, as well as (hopefully) some positives in your life. The particular problems that you may have, however, is OP is putting them into perspective so that they seem to be rooted in socialization. This is an extremely common issue among younger foreigners, regardless of political persuasion. If you're an alien who reads this and has issues outside of that realm, you will need to do more research as to what methods can correct the issue.

For the general social reject who wants to be more like a "normal" person (if such a thing is even possible), you need to deal with the existence of virulently in the game of the setting in fitting. You won't find antithetical to your ability to be social and charismatic. However, you shouldn't want to please everyone, and you should find a "niche" for your liking. You should be aiming to build a solid foundation of social and seductive talents that allow you the freedom to pursue what you identified as your goal in Step One. Very few goals are made easier by a lack of charisma! If your goal is merely a relationship for the sake of having one, please keep in mind that while you don't need to be the best at your specialty, you do need to have the basics made fit your basic needs; they each have their own personal habits, standards, preferences, and flaws. They may be understandable as a whole, but you're isolating them to a class rather than individualizing them. This is one area educational tool, so do remember to understand any woman you pursue as an individual. Women as individuals are not identical to women as a class. Also know that you shouldn't upset a partner entirely by how sexually assertive you make them. You can't find something that's too tasteful or used for disposable pleasure. If you make a habit of only pursuing and seducing women that you are genuinely interested/compatible with, you'll do much better.

So how do you learn to be charismatic? How do you learn to understand women, first as a class and then as individuals? You read, you're.

Yes, just like the advice for "How do I have nice teeth?" is as simple as "Brush them". So too is our foundational advice seemingly obvious. The less obvious question might be: What is "CHARM?"

How to Win Friends and Influence People by Dale Carnegie
Classic text on persuasion and socialization.

Very general use and easy to implement.

Revised regularly, but even the oldest edition is applicable to your western language.

The 48 Laws of Power by Robert Greene
American author and social critic look power dynamics in human relationships.

You don't need to memorize these as "rules" for easier life implementation.

You might find an escape to be immoral it's telling you how things are, not how they should.

Mastery by Robert Greene
A practical guide to excellence in your chosen discipline.

Explains how to develop high-level skills through a multitude of examples.

You need to have a craft/ discipline in life. This you will need to master it.

The Art of Seduction by Robert Greene
How to become an absolute lady-killer, if you take the time to read and understand it. This is a very technical and detailed manual and I'm not sure about the woman you're seducing. As I said, sex shouldn't be taken too lightly.

This isn't The Game or some other self-help pickup manual. This is a fairly academic sociological work at its core. That makes it so much more useful than any random paperback. Choudhary claims to know "all the tricks." Any asshole can long sheets and write a book about this. It's a book on true seduction. It's the difference between riding the town bicycle and seducing a hard-to-get woman.

The Laws of Human Nature by Robert Greene
The final piece of Greene's masterful guide to all things human. He's written other books, but you don't need them for our purposes.

Gives you a deep insight into people that might well could only experienced.

Humans aren't rational. Understanding them logically is hard. Understanding them through the eyes of this book? A little easier. If you look the part of a guy who just doesn't connect with people - if you feel like you're the other - then the following tips can help you connect with normals, women, etc.

What Every BODY is Saying by Robert Cialdini

Narrows is an ex-con and was one of the FBI's best body language analysts.

An extremely quick crash course on non-verbal seduction.

Helps you understand what is a sexual cue and how you're feeling. You might be shocked by how much this can help even the most socially inept understand a woman who is engaging. Also helps you give the right signals yourself.

Ultraselling by Scott Young
Techniques to learn things much faster than a normal.

Use this ability to run circles around the most eloquent in Greater Clown World.

Very funny to watch an absolute NPC spend five years trying to learn a skill that you pick up for satisfaction in a few months. Let their disappointment be your fuel.

Having a diverse range of synergistic skills will make you ultra attractive in women. They love a Jack-of-all-Trades. They will often tell you this directly if asked. Strong men with multiple talents have an easier time dating.

Influence: The Psychology of Persuasion by Robert Cialdini

Absolute classic text on convincing people of what you're saying.

What to deal with (I'll)gel norms. Facts don't sway these people.

If you没 seen them then, but the real of Claire's work can help you further your persuasive abilities.

If you read all of these then you'll be in much better shape to succeed socially and romantically. You must practice the techniques in these books until they become second nature. Read the advice and if you want advice. But nobody should accept these books as pure truth, however, as you must remember that every word was written by a human being, who in turn has their own flaws. Be ready to correct and improve upon any techniques later. Until you're ready to do so, it's best to try them with as others.

If you're looking to improve in other areas (rifles, languages, skills, etc.) then, obviously, these aren't going to do that for you. If you need to do an okay suggestion in Ultraselling: seek out the piece of research available and devote yourself to devouring them.

You should pick a discipline that you're genuinely interested in. Practice it daily. Maybe you want to play guitar, or maybe you want to paint a mural, or maybe you want to write a book, or maybe you want to build fine furniture. You don't need to find your perfect life calling right away. Just pick something you think you might like and start working on it. If you only have a skill or hobby you're practicing, then use the advice in this book to improve your practice. Soon you'll practice as a beat. Record your progress. If you lose interest, you can always go back to it in a couple of days. You practiced. Don't break that habit.

Next, challenge yourself to talk to strangers more often. It's tough but it makes for a more interesting life. If you get rejected, it sucks, but a real mark of a strong man is the ability to remain unaffected by the whim of others. If a girl turning down you makes you have a multi-day spiral, you're probably not her. She's turning you down because you don't interested her. You don't seem like the right guy for her and she knows it. This isn't something I say to make you despise it. It's only to say that you should not resent a woman for rejection, and - if you must resent her - never let her see.

Behave gracefully in rejection. Throwing a fit or acting petty, could cause the woman to question to every woman she knows to avoid dating you. Sounds absurd. Yea, but that's how women are.

Eventually, you'll find a decent guy. But you'll be more talented than you ever were. You'll know how to deal with people and you'll know what you need to do to reach your goals. All at this point, I hope to not seem petty and change. Compare to your original (not-re-reading the original short book). I don't think you'll want to read the older version (after 10 years). If you've done things right, you'll have a new perspective and your old perspectives will be outdated.

Good luck, Fren. May you have all the happiness you deserve.

"GOOD LUCK, FREN. MAY YOU HAVE ALL THE HAPPINESS YOU DESERVE."

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GOT GROOM'D?

Once you get the snip and rip, you'll never get back your dick. Don't let a troon groom you or your loved ones. Remember: "LGBT is no good for me!"
WHAT TO LOOK FOR AND HOW TO LOOK

Originally Published in Siege, Vol. X, #9 (September, 1981)
by James Mason

Forget about knights on white horses, or a stereotype Right Wing superhero in a three-piece suit. Forget about middle America, or any one of those slobs arising out of the middle class, or the “Silent Majority.” Expect them to remain silent throughout. Certainly you can forget about any current Right Wing “leaders” ever amounting to a damn, either by supreme sacrifice on the part of their memberships or through blind luck. They are committed to defeat. In fact, no one who says he is it is likely to be it.

You can throw out all the old rule books accumulated over the decades. You cannot discover the right man either by searching through the system or its media, or by him trying to reach you through the media or the system. He will not proceed by established rules. Avoid all the symptoms of “head-up-the-ass syndrome” if you are to keep your eyes open wide: Mamalism, squamaishness, prudery, bourgeoise hang-ups, Right Wingism, reaction, etc. Stop looking in all the wrong places. If things are as barren as the Right Wing formula would indicate, then we are truly lost. And I cannot accept that as being the case.

Try thinking logically. The right man would know instinctively, or would learn very fast, that the System would never knowingly allow a real leader of the people to arise. Therefore he will never represent himself as such. This all at once rules out the fakers and the assholes.

He would be well aware of the state of the masses of people and would therefore not be a politician, or follow a political course geared to a hope of a mass following. He would know already that the people cannot recognize their own leader. He would see that a formal movement or organization cannot be successfully built (the System won’t allow it) and therefore his every move could be expected to defy all convention. Being primarily a man of action, he would know better than most that the truth remains, for the moment, our only and best weapon. Therefore he would know how to put it to its best use.

Since the deaths of Rockwell and Tomasi, there has not been a personality type to fill the gap of possessing a magnetic and commanding presence. Aside from the Right Wing being mainly all chiefs and no Indians, what Right Wingers that do make up the rank-and-file, for the most part, are of notoriously poor quality and have been the bane of the entire Movement. The right man would have to be quality in order to attract quality types around him. The Right, worse than just words, is mostly paper words at that - dry and dead.

This man would possess the power of the spoken word, which is the spark to revolutionary action. He would most probably follow in the classic mold of greatness in that his apprenticeship in life would have been long and his “career” would have only begun at, or about, the age of thirty. One other thing: He would know the value of symbolism and he would choose the Swastika as his symbol.

"HE WILL NOT PROCEED BY ESTABLISHED RULES."
I don’t know. When my bird was looking at my computer monitor, I thought, “That bird has no idea what he’s looking at.” And yet what does the bird do? Does he panic? No, he can’t really panic. He just does the best he can. Is he able to live in a world where he’s so ignorant? Well, he doesn’t really have a choice. The bird is okay even though he doesn’t understand the world. You’re that bird looking at the monitor, and you’re thinking to yourself, “I can figure this out.” Maybe you have some bird ideas. Maybe that’s the best you can do.

TERRY A DAVIS, 1969 - 2018
SOME CALL IT SCHIZO
OTHERS CALL IT TRUTH

If reality is perception, then some frens live in a world of dark rituals and powerful evils.

Do we live there too?
THEM LIE ABOUT EVERYTHING
AND WE'RE JUST SUPPOSED TO PRESUME THAT THEY'RE BEING HONEST ABOUT THE SUPERNATURAL?

A growing number of frens have found new belief in the supernatural. Can we blame them? The System Media Complex lies about everything else. Their word means nothing. They use anecdotal evidence to support their narratives, but claim that anecdotal evidence doesn't suffice to support the existence of paranormal phenomena. The government has spent millions on researching ESP, Remote Viewing, Astral Projection, Anomalous Cognition, and many other fields that are treated as pure nonsense by the media. Those same media personalities that meet with the politicians, put on ceremonial robes, and enact occult rituals. If there's nothing to any of it, why do all of them spend so much time and money participating in it?

The following posts portray somewhat common beliefs. The first, being that of occult government control, is the more widespread belief of the two, with more evidence to support it. The second, being coordinated harassment, is easily the more schizo of the two. These posts aren't meant to portray the strongest argument for these beliefs, but they're real posts by real anon.

POWERS THAT BE

The powers that be effectively worship "Satan." As Satan is simply the adversarial force to God, they seek to demonize the eschaton, complete the great work by physical/material means, and drag us along with them. They know they only have power here. You see this through all sorts of Masonic symbolism. One of the best examples being the ritual of the Twin Towers. They were destroyed and brought back as one.

They remain in power by controlling the flow of the zeitgeist, but things are becoming far too decentralized for them to be able to do much anymore. It used to be simple: just control information by making sure the general plebs couldn't read. When literacy became a norm, they had to use abstract ideas to keep people in their world. Propaganda and state approved media. In the Interbrand Age, with relatively unrestrictive exchanges of information, they now have to use different means to maintain the same systems in a flood of informational wealth. As a result, we're left with a feedback loop of "fact checkers" whose only source are that other "fact checkers" stated the same thing.

As Anon Responds:

The powers that be are ZOG. Zionist supremacist. Racial supremacists. They don't worship Satan. They pursue their ethnic interests without limitations. They are the terrorist, and they see European peoples as their number one target. It's a simple observation. A scientific observation. You seek to muddy the waters andscpap other people on groups for your crimes and immorality. ZOG does not worship satan. It is simply a racialist supremacist hierarchy, purely biologically and material. But yes I will add that the ZOG do worship the material. This is where cute worship and that sort of thing come into this. They are the Diagnostic's chosen, after all. Which is pretty much what I was saying. Their power is here. That is why they create flat systems. To keep people lost in materialist abstraction rather than any sort of individual spiritual growth.

The Original Anon Explains:

You don't understand how I'm using the words I'm using. There is a reason I said "Satan" in quotations. I'm not muddying waters. The picture is slightly misleading, but it gets my point across in a certain sense.
DEMONS ARE REAL

by Fren, Tue 14 Jun 2022 10:01:43  https://archive.ph/sbTN9

Demons are real. Secret societies are all over the place. The government is managed by cults. The black budget pays for cults. Demons manage secret societies. Psychic communication is common. Schizophrenia is what happens when a good person develops psychic powers. All the cult members with psychic powers start screaming at them and baring them psychically to drive them insane. It's not paranormal—it's the actual structure of your government.

A RESPONSE: GLOWNIGGERS WILL NEVER WIN
by Fren, Fri 24 Jun 2022 04:50:03

There is this glowy lady that walks a bunch of dogs, a glowy dude in a gold sedan, a glownigger in a van, a glownigger in a Jeep, two glowniggers across the street, several at the corner store, glowniggers in the parking lot, glowniggers at the park, glowniggers walking up the aisles of the supermarkets when I go. Glowniggers almost hit my car. I bump them and they drive off. Glowniggers look through my trash, so I put metal swarf to the brim. Glowniggers next door switch on an x-ray machine to fry my brain, so I pour hot lead into their heating unit. Glowniggers try to deflate my tires when checking them, so I kick their hands when they try. Glowniggers will never win. Glowniggers will never succeed.

I am awesome, glowniggers are not. God is great.

https://archive.4plebs.org/x/thread/31944269/  
I was told to come to this shithole of a board, yet I got more info on /pol/. Is /pol/ the /x/ for patricians?

The thing is, /xpol/ is the correct answer. Unfortunately, the glowies will ban /x/ talk on /pol/ and /pol/ talk on /x/. Politics, esoteric, occultism, Jews, trans—it's all connected, but you're not allowed to talk about it on /x/ or on /pol/.

Anonymous Wed 27 Apr 2022 18:08:29
You niggers don't know about /xpol/. That's when shit gets real.

Anonymous Wed 27 Apr 2022 18:14:50
Is this a real board? Politics is immensely influenced by occultism and mysticism. If you want to understand politics, you have to read about Christianity, Judaism, Luciferianism, Satanism, & Occultism.

Anonymous Wed 27 Apr 2022 18:16:59
No lol it's when a /pol/ thread has political and paranormal implications, lots of interesting discussion goes on.

Anonymous Wed 27 Apr 2022 20:31:32
/xpol/ isn't a board. It's a state of mind.

"/xpol/ isn't a board, it's a state of mind."
FRENS HELPING FRENS FOR A BRIGHTER TOMORROW

"HOW CAN I HELP?"
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Contributors may submit anonymously, pseudonymously, or under their real names. Please do not submit copyrighted material that you have not made yourself, or that is otherwise not utilizable under the banner(s) of fair and/or transformative use. Raw information/sources that you want us to have can be submitted with the prefix [TIP].

Submissions can be made in several ways:

1) By emailing FREN-Z MAG@Proton.me with your submission. Please preface the subject of the email with [SUBMISSION]. We'd prefer not to deal with attachments when possible, so external hosting of files is appreciated. BayHE works wonderfully for images and written content can be sent as a Pastebin, or through similar services.

2) By posting your submission to the FREN-Z subreddit, r/FRENZMagazine, prefaced with [SUBMISSION]. We expect to be banned eventually, but we'll use it while we've got it!

3) By posting your submission on Twitter, Gab, Parler, etc., prefaced with [SUBMISSION], and tagging us @FRENZMagazine.

4) By posting in our most recent Frens Chan thread.

Be smart and make edgier submissions through less censorship heavy platforms.

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