New approaches to personal development in harmony with planetary evolution.

The technology "that works" to create whole human beings... guidelines for the evolution of a planetary citizen.

How to organize your own team... action for the local evolutionary unit.

A new perspective on the use of force... use of international TV satellite systems to influence the planetary collective conscience and world public opinion. Other alternatives to the arms race.

If armies were no longer required... a look at the dream: when humanity works with nature, paradise appears.
I envision an international ideal of service awakening in an emerging class of people who are best called evolutionaries. I see them as soldiers, as youth, and as those who have soldier spirit within them. I see them come together in the name of peace and planet to create a new environment of support for the positive growth of humankind and the living earth mother. Their mission is to protect the possible and nurture the potential. They are the evolutionary guardians who focus their loving protection and affirm their allegiance to people and planet for their own good and for the good of those they serve. I call them evolutionaries, not revolutionaries, not pragmatists. They are pioneers, not palace guards.

As their contribution to a hopeful future, the warrior monks bring evolutionary tactics. They recognize that the world of martial arts demands hope from those who would operate as servants of the people. Services rendered by the warriors of the First Earth Battalion are specifically designed to generate workable solutions, to defuse the nuclear time bomb, promote international respect, spread wise energy use, enforce the ecological balance, assist wise technological rejection, and above all, stress human development.

Armed forces are both the potential instruments of our destruction and the organized service that can drive humanity's potential development. They are the 'turn key' organizations that could either shift the energy of our world into a positive synergistic convergence, or bring us to the brink of the void. We have no choice but to encourage world armies to accept and express the nobility they already strive to attain. I can see their action expanding to include evolutionary work like planting vast new forests, completing large canal projects, helping in the design and construction of new energy-solvent towns, helping to clean up the inner cities, and working with the troubled inner city youth in young commando groups, and working harmoniously with other nations to see that the plentiful resources of our mother earth are equally shared by all peoples.

This will not be the first time that warrior monks have been active. In Vedic traditions, the warrior monk was a philosopher and teacher, and therefore a powerful transformational player. In the Chinese culture, the warrior was both a healer and teacher of martial arts. History affirms our own belief that there is no contradiction in the warrior and the service-oriented monk prototypes living a completely harmonious and parallel path when the basic ethic and service is 'loving protection' of evolution and humankind. There is no contradiction in having armies of the world experience the same ethic as they evolve in peaceful cooperation towards the greater good of all.

The great flow of historical events, habits, and international relations is not easy to change. It will take the patient, focused, loving and dedicated effort of warriors all over the world, people of different languages and cultures and all examples of humanity's infinite variety of expression. What I present in this manual is a smorgasbord of new ideas. You will be able to adjust them to your own beliefs and ideas. It is a smorgasbord of new functional ideas. As you respond to these insights, you will be able to adjust them to your own operating style. They should flow into your culture and respond to your country's point of view. Any elaboration on these ideas can then stem from your own study. They must work for everyone in some way or they won't really work.
The First Earth Battalion is a banner under which the forces of good in the world can unite and find strength in spirit with others who share a common goal. Warrior Monks are guardians of the good, guardians of humanity, nature and the planet. Warrior Monks in the United States Army are already teaching soft tactics. Others in the fields of economics, politics, and international affairs are already searching for new ways to work for the greater good in their own arenas. The modern Citizen Samurai in day to day existence is engaged in moral combat to reorganize and focus personal life to its highest good.

This manual was created from the ideas and teachings of over a hundred groups on the New Age Frontier of the West Coast of the United States. It is a primary tool to assist you in giving and getting the most possible from your experience in a human form in the physical realm of this planet earth. It will assist you in preparing for possibilities and events about which you may presently not even be able to dream. Prepare yourself so you will be ready... prepare your work nobody until the call goes out for global action.

guidelines

The manual is a self instructional workbook which contains operational procedures for changing old patterns of action into new ones. The reader can benefit by practicing the exercises contained and by reading and studying the manual as a reference textbook.

Awareness training, bodywork, martial arts, and spirit work are included in the manual as well as the advanced tactical ideas of the First Earth Battalion itself. Visual concepts will help the reader grasp many of the multidimensional ideas. A bibliography is included for further study. Where possible, names and addresses of various groups are included for the training described.

The ideas included are the most powerful and workable concepts gleaned from visits to over one hundred advanced human performance useful for many to do the work in some detail and then periodically use the pages as "flash cards" to keep their awareness at the highest useful level.

This manual is experimental and will be revised after the first limited edition goes out... is critiqued... added to... and refined for mass consumption. The drawings and verbiage were executed by Jim Channon after each of his visits. The follow-up manuals or supplements promise to continue these reports from the frontier of the third wave world.
changing values

The world around us changes daily. Subtly but steadily, the environment we operate in begins to suggest and sometimes demand changes in our behavior. All of a sudden things we once cherished don’t have any value. New customs emerge as tastier alternatives. We change. We are changing. Enjoy this section that is essentially a reconnaissance report on the values emerging from the frontier peoples on the planet.

the warrior monk

Those who strive after the truth and travel extensively in their quest are known as warriors. They are capable. They get the job done. Good soldiers are also known as warriors. The FIRST EARTH wants the action orientation of the warrior...but tempered with the patience and sensitivity and ethics of the monk. These are the soldiers who have the power to make paradise. Why go for anything less.
Everyone in the First Earth Battalion is equally important in the eyes of the organization and will be provided for accordingly. Status is achieved by the skill and dedication with which you do your chosen tasks. It is not considered important that everyone move up in the organization... only that their skill level moves up.

Leaders will be determined by those possessing group process skills, and the other particular attributes of a leader.

Warriors of the spirit can see many values captured in the most widely communicated piece of printed material in history... the One Dollar Bill.

First, E Pluribus Unum describes the mixing of the races... an ultimate mission.

Next, the eagle faces the dove branch indicating peace is the preferred tactic.

Finally, the pyramid is capped by the spiritual eye indicating the order of the ages is to be completed by... The Spirit.

It is America’s role to lead the world to paradise.
THE FIRST EARTH BATTALION

- thinkers in the third wave
- know that collecting solutions
- just increases your options.

WORLD LEADERS NEED MORE OPTIONS!

the president needs a wider
- range of solutions to deal with
the '90s. Force as an option
- has lost much of its flexibility.
- We need increased creativity.

missions

THE FIRST EARTH BATTALION

- soldiers first company
- pioneer company
- rescue company

THE FIRST EARTH BATTALION

can you trace the values shift in the military?
The most advanced piece of technology present on this planet is the human being. No machine technology has anywhere near the versatile potential of a human system. Unfortunately, people-empowering ideas are scattered along the leading edge of the human potential movement and are embodied within the vastro of many mystical traditions. This section brings together the best of “what works” from both frontiers so you may begin your journey as an aquarian warrior properly armed for this exciting adventure.

**THE FIRST EARTH BATTALION**

The universe is perfect just as it is. It gives you, the individual, just what you need and no more. In this way you can experience a progressively more interesting life from moment to moment. When you cooperate with the universe, it makes this trip into an expanded awareness: a smooth and delicious experience. When you ignore the evolutionary masterplan, the universe will expand your awareness just the same, but the trip is then bumpy and often very painful. In this section of the manual you will be given insight into some time honored and also some new technology needed to make your personal adventure in this world both creative and enjoyable.

The manual focuses on key evolutionary actions that you can master. These actions can create positive visions for you that will change your life the very moment you begin practicing them. These actions will enable you to steer your awareness and therefore evaluate your experience through what have been here-tofore boring or painful moments.

There are many ways to experience each moment. Some people seem to enjoy them all. Some masters can experience many of them in various states of ecstasy. But we know for most people, life has its ups and downs, and then there are some people who manage not to enjoy any of it at all.

Gaining leverage over the life experience can come through a key set of lessons for both success and enlightenment. Fortunately, the best schools on the subject moved to the United States in recent years and were available for our research. The following key technology has been selected from the works of over a hundred schools both orthodox and mystical, traditional and futuristic, and especially oriented on the paths of both personal and planetary evolution. These tools will work for you to the extent that you use them. That's a promise.

**THE FIRST EARTH BATTALION**
as we grow personally...we begin to get ideas to stimulate growth in others...so these ideas evolve to concepts useful to humanity...and the visions of paradise become real.

this book follows the same pattern.

as we grow personally...we begin to get ideas to stimulate growth in others...so these ideas evolve to concepts useful to humanity...and the visions of paradise become real.

THE FIRST EARTH BATTALION

THE PATH OF PERSONAL EVOLUTION

the path to enlightened living...is also the path to effective living.

THE FIRST EARTH BATTALION
possible people

We are many things now...we can be many more,...simultaneously, we can have great dimensions, by daily outliving our scale of needs. At one end, taking care of business and at the other, taking care of spirit...we can simultaneously balance our mental approach during each event, touching feelings...having visions and visualizing solutions...while staying in touch with the overall quality of our spirit. We can plan our growth from directionally guided by the strengths of the race. Observe yourself now...how's your being, doing, and growing.

possibility thinking

Organizational structures often get like the dinosaur...their bodies become too big for their little minds to feed. Management overhead, stagnant communication systems eventually topple the turkey. If however you have an early experience like a Vietnam or a Watergate...the more alert begin to look for a new operating style based on projected values and high powered mythology.

This is how a First Earth Battalion can help!
By generating an environment of loving support, we can encourage people to open up.

Within that structure, the individual is safe and trusting. At that moment, the powers and skills that are within us, all can come rushing out, effortlessly and joyously.

What's so amazing is that the structure is not material at all, it is LOVE.

The human brain has seemingly unlimited potential. But, the bio-computer itself doesn't guarantee that the human who carries it around will be effective. The programs for that computer must be quality as well. Quality thinking is in demand. Debooto suggests the seven shifts on the left.

Allow your brain the chance to generate more options for you.
Much of what happens to us is a function of how we set it up. Once you discover that your dreams actually have a real effect on reality...you will realize that the more dreams you have the more you can create for yourself the future you desire.

Don't wait for the future to choose you...choose it...now!

First wave thinkers or first world folk are apt to raise their index finger and say, "I'm gonna tell you one thing!"

The second wave rational or reductionist thinker will assert that this or that will do. There isn't much middle ground.

The third wave thinker is a possibility thinker. He knows there are more options. He evaluates the better of the chances to know or succeed at some task. He will say this AND that will do...according to the situation.
changing your program

It's not healthy and it's not fun to hold on to ways of thinking that get in the way of our growth. It's astonishing how easy it is to give yourself permission to dump programs that don't work. "Cultural cripples" can be healed as fast as they want to be.

But since I choose to be that way, if I chose to be free of it, I could also be free of it. But it's getting in the way of my growth. Well... you see that's just the way I am. Programmed deficiency.

marking the trail

THE FIRST EARTH BATTALION

Does your costume communicate? If not you're missing a reference, the title is coming back.

The American Indian revealed himself as an individual by his distinctive ornamentation. His shield in some cases was more complete as a representation of his skills and predispositions than the modern soldier's personnel file.

EARTH BATTALION soldiers will be encouraged to represent themselves well in their dress, and wear a 12-pointed star with each axis clipped to reveal a dimension on a standard personality inventory test.
THE FIRST EARTH BATTALION

**Attention w/o tension**

One of the most ideal levels of consciousness to be in is attention w/o tension. The attention is a clear and present view of reality. You intuitively see the consequences of everything going on around you.

But the nice part is that you are centered and grounded in such a way that you can deal with the entire process playing on 45 RPM or maybe even 33 1/3 RPM but never 78 RPM.

**Previsualization**

Remember, there are two clearly defined ways we can effectively "practice" events in our minds. So if there is something you would like to accomplish, do it in your mind first. Athletes have increased their performance dramatically with this picturing technique. When you think about it, this is "the clearest way to send plans and orders to your body and psyche before you do something. Picture yourself healthy and energetic... see if it catches!

I see myself sleeping out of bed......

I see myself walking energetically and confidently into work......

I look independent, erect, fit and able to make anything possible......

I communicate compassionately with someone who is not in control......

I take a difficult but real problem and solve it by an indirect approach......

I see people who are glad to have me around......

I tell them how glad I am to be around...... naturally, things go well...... I planned it that way.
the moment of knowing

Be open and trusting of the universe! Take a moment before you make a decision or generate a reaction to check your intuition. It's that moment of quiet when you let all the truth that is come in. For some, the OM or energy hand will prepare for the answer. The answers are simple: YES... NO... NOT NOW or DANGER.

Then, if you must, give the problem to your rational bio-computer.

omni directional thought

Collect strategies by collecting people and points of view. The more you own, the greater your chance of success in any situation.

OMNI-DIRECTIONAL THOUGHT

The FIRST EARTH BATTALION is not mission oriented; it is potential oriented. That means we shall continue to look everywhere to find non-destructive methods of control.

J.F.C. Fuller, the father of mechanized warfare, was an omni-directional thinker and a member of the world of the mystical.
not inside not outside

Some people live moment to moment... they're outside... they can see the world from the outside... they read the music of life from the sheet with the notes printed on it. Other people live in the moment... they're inside... they feel the world with their bodies and they live the music of life by grooving on the things and needs that come to them. The conscious warrior stays awake enough to choose the way to process experience to best support the mission of service and enjoy it!!

THE FIRST EARTH BATTALION

the meta-perspective

HOW DOES YOUR CARD CATALOG WORK?

CHECK YOUR BREATHING & TONE OF YOUR BODY RHYTHM USE WORDS LIKE?

WITH PICTURES?

IF YOU BREATH DEEP
PLAYING ON 7B
TUNED RIGHT AND FAST
I SEE WHAT YOU MEAN... YES THAT CLEAR TO ME... YOU HAVE GREAT VISION.

UP AND UP AND RIGHT

WITH WORDS?

IF YOU BREATH DEEP
PLAYING ON A
THAT FEEL RIGHT TO ME... THIS IS SOME GREAT STUFF

SIDE TO SIDE

WITH FEELINGS?

IF YOU BREATH DEEP
PLAYING ON B
THAT FEEL RIGHT TO ME... I UNDERSTAND WHAT YOUR MEANING. IT SOUNDS VERY LOGICAL.

DOWN LEFT

ASK SOMEONE ABOUT SOMETHING THAT HAPPENED TO THEM IN THE PAST

WATCH THEIR EYES AND THE OTHER INDICATORS

ADAPT THE SYSTEM THEY ARE USING TO YOU

DOWN RIGHT

THE FIRST EARTH BATTALION

LIBERAL INTERPRETATION OF READING/GUIDANCE INLP

THE BUILDING BLOCKS OF MAGIC 3.0

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THE FIRST EARTH BATTALION

For centuries we have understood only the mechanical and hydraulic/plumbing aspects of the human body.

Recently we have discovered the body responds to the electromagnetic wave forms usually transmitted by radio/television or microwave. We may soon select a diet based on the voltage each food offers.

Join the mysteries of instantaneous transmission (faster than the speed of light). We will persuade the properties of a fourth kind of body...the superhuman.

There is some speculation that our carbon based bodies are turning to silicon.

THE FIRST EARTH BATTALION

YOUTH IS AN UNDEATED RESERVE CAPABLE OF PRODUCING THE FUTURE.

THE OLDER GENERATIONS ARE PROUD OWNERS OF THE CITIES THEY BUILT.

There are no "old" people... there are just those who are suffering from hardening of the concept...the world constantly gets more rich, more aware, more ideas, and a greater array of sensibilities. Embrace each new generation. WE ARE GETTING BETTER. Some cosmologically old people are as "new" as the latest thing they learned. They will play an important role in the near future. Keep them in your net. We are all one age if we want to be....
Some of the things we do on this world have survival value. That is, certain acquisitions appear to have more value in afterlife than others. It is speculation, of course, but many belief systems have similar notions about what you can take with you. Many anticipate an afterlife wherein you are with all the good friends you made. Points of view and languages directly contribute to the number of ways you can know something. Both Earth and Universal intelligence. What counts is knowing what God knows is getting more like God.
THE FIRST EARTH BATTALION

pop up news

One of the grandest moments in personal development training is to watch people "pop out of the jelly" taught all of their lives in a set of belief systems that have blocked them from realizing we are all one family . . . .

often a moving experience like warfare... or a truly loving group of friends that causes people to realize they are connected to all of those around them in a deep & profound way.

this is the planets greatest spectator sport... \textit{Consciousness Work}

THE FIRST EARTH BATTALION

the network

PHASE I. Locate/address/categorize the community organizations in your region. Have a way to call or communicate with each.

PHASE II. Determine the kinds of service each can perform. Some groups may only be able to meditate on an idea; others may be able to pack up and work on a darn project out of town for a week. Get the categories clarified.

PHASE III. Use the network to share information of importance to the community.

PHASE IV. Activate and network with regional tasks of interest to all. Do this on Friday.

Should a serious problem like an earthquake or financial crash affect your region... this kind of community cohesion would drastically reduce the chaos and generate the structure for recovery.

A NATIONAL OPERATIONS CENTER FOR WORLD NETWORKING AWAITS MAJOR FUNDING

THE FIRST EARTH BATTALION
new age synthesis for a samurai

- Seek your own personal path to God
- Actively improve your physical condition
- Aster mental self-control for combat
- Understand others
- Enforce team interdependence
- Actively serve people and planet
- indulge in happiness and humor

THE FIRST EARTH BATTALION

Over 1000 women and warriors’ friends share a network of ideas and transformational schemes.

THE FIRST EARTH BATTALION is structured as an information network.
The First Earth Battalion and its children will spawn an endless evolutionary stream of service oriented groups. The network exists; the technology is being refined and detailed plans for the forces are being drawn up.

In the future

- The Terranauts Inhabit Space
- The Evolutionary Vanguards Live
- The International Peace Force Lives
- The Natural Guard Comes Alive
- The Technology for Conscious Warriors
- The Warrior Monk Network

The First Earth Battalion

The warrior net

A primary function of the First Earth is to communicate ideas. Set up a network of information within your army and with friends in any army. Join continental coordinators with others and then we will consider communications media other than the mail and telephone.

Let this battalion grow wherever there is interest.
The world is fast acquiring a planetary nervous system. More and more people everywhere have opinions about actions taken elsewhere on their planet. From this growing awareness created by telecommunications a new form of combat can evolve. It is called combat of the collective conscience. It calls to the most dedicated among you. It can be the beginning of the beginning. Here are the ingredients of that new technology.

Some critical events have occurred that have dramatically shifted the working dynamics of combat. These events and the advance of technical communications combine to create new criteria for winning and losing. Nations and armies that ignore the new ingredients for victory will suffer strange defeats which may grant them the battle but lose them the war.

During a critical moment in the war in Vietnam the world was exposed to the cold-blooded execution of a Viet Cong terrorist by a senior South Vietnamese government official. The news photo and film of this official firing a pistol point-blank into the terrorist flashed around the world to an excess of four hundred million people. No explanation could change the visceral and emotional reaction of the world. The South Vietnamese lost that war.

Recently a conflict involving Samoza’s regime in Nicaragua was dramatically changed by an internationally broadcasted killing. A newsman under live camera coverage belted up to a member of Samoza’s army and was shot to death in an apparently non-violent way. The world watched. Samoza’s government fell the next day.

The world with its elaborate international network of interconnected news systems has become a planetary nervous system. Hundreds of millions of people watch the camera-worthy events of any conflict wherein the camera is present. Also, humans all seem to manifest primary gut level reactions to unethical action. Put these elements together and you have established a new style of warfare. We call it combat of the collective conscience. This combat projects the winning force as one which executes the more ethical action in the face of accompanying cameras. This changes the alternatives to force projection. It portends non-violent combat. It expands the boundaries of action and reaction.

Strategic objectives now include protecting cities. Tactical actions now include the projection of love and concern. The door is opened for joint US and Soviet cooperation.
THE FIRST EARTH BATTALION

This type of language promotes this type of effectiveness:

<table>
<thead>
<tr>
<th>Type of Language</th>
<th>Effectiveness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Verbal (Words)</td>
<td>Linear, descriptive, analytical, and incremental cognitive work.</td>
</tr>
<tr>
<td>Graphic (Models)</td>
<td>Dynamic, interdependent, synthetic, and holistic conceptual work.</td>
</tr>
<tr>
<td>Ethnographic (Net Flow Diagrams)</td>
<td>Sequential, interdependent, time-based, and complex event reconstruction work.</td>
</tr>
<tr>
<td>Mathematical (Numbers)</td>
<td>Accounting, supply, money, and other digital-resource work.</td>
</tr>
<tr>
<td>Kinaesthetic (Body Control)</td>
<td>Conservation, strength, energy, control, and other analogic work.</td>
</tr>
<tr>
<td>Corporate (Meetings/ Rituals)</td>
<td>Small group relations, cooperative planning, and other work of commitment to purpose.</td>
</tr>
<tr>
<td>Bonding (Dancing/ Hugging/ Huesing)</td>
<td>Individual, unorganized, and the development of unconditional love for other human beings.</td>
</tr>
</tbody>
</table>

Words are just one of a number of powerful languages!

If you don't have a language to process a new set of possibilities then you will never know they are there. So, the widest range of understanding comes to those who have the widest range of language. Those who, likewise, have the widest range of response to a given problem, then have the greatest chance to respond adequately.

THE FIRST EARTH BATTALION

Uniforms w/o uniformity

We foster individuality... and celebrate the way all humans are unique.

Costuming is becoming the prerogative of the individual.

A culture will emerge that is not the product of a uniform culture with the function required of high tech.

The individual will shine through the uniformity

THE FIRST EARTH BATTALION
Technology and human potential don’t have to be adversarial positions. We can use advanced machinery and advanced people. Likewise, the idealists on the right and the idealists on the left would do better for all if they worked on the same team.

Get comfortable with combining positions and not choosing sides.

This is the third wave way.

The First Earth Battalion

Hi tech and hi folk

The martial arts

Tai Chi
- Mu Biai
- Ninjitsu
- Tsun Hau
- Points

Aikido
- Pa Kua
- Shing Yi
- Shaolin
- Soft Style Karate
- Wu Shu
- Kung Fu
- Hard Style Karate
- Chinese Boxing
- Tumbling

In the end, the Martial Arts serve only one real function...and that is to open the warrior up to the truth. Achieving control and self-confidence allows the warrior to trust the system...and it is then the spirit can come in. But there are some practical applications of the system as well and you should make a conscious selection based on need and capability.

The First Earth Battalion
Once you begin to feel your personal power and commitment you will ask... "How can I serve?"

This section includes the organizing and operating principles to help you actualize your own evolutionary team. It is not now practical or empowering to have a national or international hierarchy of first Earth Battalion units. What is useful is to build a team in your area that is specifically designed to transform the world around you. We then can share ideas as a grand network working everywhere simultaneously.

Well, the old rules and models for generating a large organizational structure just didn't seem an appropriate way to harness this new age enthusiasm. One thing that did surface however was that most of the individuals who continuously practiced and were satisfied with evolutionary work were organized in small autonomous groups of close friends. The other organizational development that had power was the network. Since the most powerful resource in the post-industrial world is information... the structure that best delivers and organizes information sources is the network.

So, what we are proposing is that if pursuing the Earth Battalion work is exciting to you, then organize your own small group following the suggested steps enclosed. Match the organization to the needs of your community and the personal development needs of your members. Use the First Earth Battalion name, as it empowers your group. When you are organized and operating... check back into the network with us and we'll generate some schemes that involve national and international action. Whether you connect into the international network right away is not significant. Think about what level of commitment your team could make when employed for a national concern. Can they leave town? For how many days? To do something physical? We'll let you know about the coordinating developments as they pop.

Use the attached ideas but be creative and enjoy the work and pleasure associated with your own personal growth and enlightened action.
Making Time for Good Work

On Earth Day we spend our time working for PEOPLE AND PLANET. Those of a generation that helped cover the land with concrete... then begin to cover the concrete with plant.... they can live together with some design and care. Let the young who haven't yet begun to worry about environment... plant one or more trees. These trees can be their investment in a green future. Other larger organizations can replant and refurbish the forests grown up during their lifetimes.

It isn't true that only pure nature can grow the most beautiful habitats. People can consciously design and organize nature in a far superior way. Everyone's neighborhood can be a lush garden with the capability to feed the caretakers in times of need.

That could also be the day that your group met to improve themselves as individuals. A morning of work on the habitat and an afternoon working on self and group.

PEOPLE AND PLANET

THE FIRST EARTH BATTALION

High Commandoing

Conducting high consciousness commando raids may be confusing to some so here is an example:

CREATING GUERRI LA DUMO ............

The most powerful dynamic you can get operating is an independent agent who continues to do transformational work and furthermore generates that same instinct in others. This is called auto-catalytic.

THE CONSPIRACY OF SPARKLING EYES

PHASE 1. Get your team or any large group together. Have them return home and call one or more DJ's in town. Have them report with various kinds of apparent confusion and amazement that "Peoples' eyes are changing... somehow beginning to sparkle". They can say that if you stare deeply into someone's eyes near you that you can see an inner light. The idea of course is to begin to allow people to appreciate each other's essence by increasing the intensity of eye contact.

PHASE II. The same people call again two weeks later in greater intervals and report: "We have finally discovered how to tell which people got the sparkly eyes first... and they can be spotted because they're the ones who automatically hug you upon greeting... etc... . etc.

NOW BE CREATIVE AND GENERATE SOME MORE OF THE SAME

THE FIRST EARTH BATTALION
The FIRST EARTH BATTALION is a grassroots idea. If it doesn't move you to some local team-building action then it isn't ready yet. If it does move you then don't ask to be spoon fed. Put a small team together and begin the WORK.

Mix a program of studying this manual and the related books recommended herein. Discuss things openly and develop a way for the group to pray or otherwise tune in to its higher self. Meet once a week. Begin by working on getting yourself awake, physically smoothed out and eating properly. The rest will follow. Sharing the ways you are improving makes for great group discussion material. Consider the lotus for your own personal program and the arrowed path as the sequence for the group work to follow. Read and discuss the books suggested. Do the trainings suggested if they are convenient to your area.

Once the team feels together and can agree on a benevolent service project, then begin to conduct benevolent raids in order to wake up your community to the truth. We can cooperate with each other, the biosphere and the universe if we choose to.

A circle of harmony is recommended to open and close the meetings. The specific way you do it is unimportant as long as there is a joining of hands and some silence. Right palm over left seems to generate a directional flow within the circle. The process unites the group with each other and the universe. GOOD HUNTING!!

ACTION: THE CIRCLE OF HARMONY

It's important to create unity for our transformational work. It is a Universal truth that we are all one and can call upon our higher selves if we choose to. The technology of unity appears complex but is only a collection of very simple sense linking steps.

In order to feel as if you are one with your team, then all of your collective senses must be aligned. This is called sensory synch.

The eyes can be focused with a candle or guided imagery. The ears are best aligned with music that is repetitive in sound and phrase. Likewise each of the other senses is given a powerful and unique stimulus until everyone in the group absolutely feels as if they are one. They will in this case each be experiencing exactly the same sensory input for all their senses. The effect is exciting and spiritually comforting.

TAKING TIME OUT TO TUNE IN

THE FIRST EARTH BATTALION
mother earth... my life support system...
as a soldier... I must drink your blue
water... live inside your red clay and
eat your green skin...
I pray... my book will always kiss
your face and my footsteps match
your heartbeat...
carry my body time space and time...
you are my connection to the
universe... and all that comes after...
I am yours and you are mine.
I solute you.

Everybody's ideas are sought and used
Tasks take less time
Group work seems like group play
No time wasted on credentials
Participants fall in love with each other
Level of performance increased with prayer

The First Earth Battalion

Group Synergy

People use the word synergy all the time.
They know it means greater than the
sum of the parts.
But specifically, what is going on?
Here are some of the ways to know
synergy when it happens in your group.
It's often more than twice
the sum of the parts!!

The First Earth Battalion
There are a set of emerging symbols that can unify all the forces on the planet, who are in an evolutionary mode. These windows on the informational process can more quickly unify global consciousness if we can agree to use them whenever and wherever we can.

- Sym~ol Linking
- ACTION: SYM~OL LINXING
- There are a set of emerging symbols that can unify all the forces on the planet, who are in an evolutionary mode. These windows on the informational process can more quickly unify global consciousness if we can agree to use them whenever and wherever we can.

- THE FIRST EARTH BATTALION

---

**the planetary symbols**

**identify your team with the other planetary workers!**

**Recognize that there are symbols & signs that already unify new world thinking.**

**The mystics in many ways were spiritual engineers.**

**Symbols, sounds & colors have specific emotional effects.**

**Begin to listen to the lyrics in popular songs...you will find all the lessons for transformation are here.**

---

**THE FIRST EARTH BATTALION**

---

**the curriculum**

**This is a possible sequence of actions for any team.**

**It's just not important that we all do the same things. Every team will be unique. Once you get together you will understand this even better. Enjoy this adventure!**

---

**THE FIRST EARTH BATTALION**
realization

The moments when serenity guides your physical conflicts with another or your movement through life.

The moment when the care of your body instrument is more important than the taste of the food in front of you.

The moment you begin to see when you are just reacting from a mind program within a culturally induced trance.

The moment when you recognize that deep inside we are all one.

The moment that you appreciate the perfect order in the universe, the biosphere and your mind. Then you will sense the power of a masterplan.

The moment you feel the universe send its own kind of energy tingling through your body and your mind takes off.

The moment that you know that the plants around you are conscious as well as the air and earth mother below.

The moment you dedicate your life to actions on behalf of PEOPLE AND PLANET... then you have become a player.

The moment you see you can step out of an organizational pattern and reprogram the system.

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**TABLE:**

<table>
<thead>
<tr>
<th>work</th>
<th>objective</th>
<th>reason</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Bodywork</td>
<td>For physical control</td>
<td>To eliminate fear</td>
<td>Dark green</td>
</tr>
<tr>
<td>Bodywork</td>
<td>For stamina and control</td>
<td>To shun poison</td>
<td>Light green</td>
</tr>
<tr>
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<td>For flexible behavior</td>
<td>To be free of structure</td>
<td>Yellow</td>
</tr>
<tr>
<td>Heartwork</td>
<td>For connections to people</td>
<td>To be free of inferiority</td>
<td>Red</td>
</tr>
<tr>
<td>Spiritwork</td>
<td>For connections to spirit</td>
<td>To be free of loneliness</td>
<td>Purple</td>
</tr>
<tr>
<td>Psiwork</td>
<td>For connections to universe</td>
<td>To be free of your body</td>
<td>Violet</td>
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<tr>
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<td>To be free of tyranny</td>
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<tr>
<td>Framework</td>
<td>For restructuring organizations</td>
<td>To be free of stagnation</td>
<td>Orange</td>
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</table>

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THE FIRST EARTH BATTALION

How will you know when you get there? Answer: these states of being honestly and you will be there...
stripping away structure

the warrior is always on the path...the path is out...out of the cultural trance and into enlightenment.

emerging skills

two new age characters will begin to appear in successful groups or organizations.

they are the systems integrator or weaver: one who carries the essence of one program to the next...linking the efforts of all.

the other character is the imagineer. walt disney has one and created the most visible change in a shorter time than anyone in history.
A major shift in the criteria for victory has already begun. Since the advent of worldwide television coverage, the judgments for success in battle have changed. Victory will now accrue to the force that executes an action most consistent with evolving world values. Destroying your opponent and his property will in the long run equal defeat.
These are many new kinds of responses to old and emerging world problems... why not try them?

The day most of the world watched war on television, they all helped decide who won... and from that point on conflicts were decided based on who had the most RIGHT not the most MIGHT.

The day nuclear weapons were considered for use during the early moments of a conflict then the need for mass armies disappeared.

The day terrorists discovered television and mass news coverage, they committed large scale acts with small scale forces and the need for strategic micro action arrived.
positive proactive action

Strategy of phased pressure

Incremental pressure can be applied without getting into an early win/lose situation. Once the sequence begins, it must be carried through.

peace technology

The battalion carries the symbols and sounds of peace

symbolic figures
symbolic animals
country flags
spiritual symbols

indigenous music and words of peace
They parachuted in that morning and stood in two lines facing each opposing army. The EARTH BATTALION's satellite above beamed this image to the globe. The EARTH Watched as this potential catastrophe awaited the conscience of one or both of the commanders to act, for they would have to bloody the EARTH BATTALION people in their path before they could attack...and the world would know who started it!

**what people can do**

**International Day of Support**

**Simple Gestures That Can Be Done by People at Home**

**Call in Campaign**

**Write in Campaign**

**Local Assembly**

**Economic Boycott**

**Freedom Sympathetic Action**

**things the world can do in connection with the earth bn. Intervention**
The First Earth Battalion

getting ahead of the future

Warfare currently comprises about 10 dimensions. In 1990 there will be 5 new additions...or five new areas the tax payers must bear...or five new possible ways for the ultimate conflict to be triggered.

1990 ENVIRONMENT

the five new dimensions are:

1. directed energy weapons
2. space based platforms
3. nuclear terrorism
4. changed public awareness
5. changed international collective conscience

We need to WORK THESE DIMENSIONS NOW before they begin to work against us!

THE FIRST EARTH BATTALION

benevolent weapons

METHODS ARE AT HAND TO POSITIVELY USE THE EMERGING DIMENSIONS OF WARFARE

working the positive dimensions from A to G we conclude the danger and generate examples of cooperation.

THE FIRST EARTH BATTALION
new ways to win

If you look for new examples of things the free world has of non-nuclear war, you will discover that our discovery, stand out in our
discoveries. The beauty in that is, not only we can see the
microwave weapons. The beauty of that is, we can see the
world of electronic warfare.

soft combat principles

International power is more than
ever discussed. The world is changed.
The power base is shifting. The
camouflage and the means of
deliver are more important today.
The cause of history is not.

The First Earth Battalion

the equation for combat theory
systematically defusing the planet has proven difficult, but almost overnight a contingent of soldiers and their families could be exchanged between the Soviet Union and the United States.

they would live, work and serve as a constant reminder to any party tempted to take nuclear advantage of the other.

Yes, there are many creative options other than the arms race... who's in charge of creating those options?

In the martial arts, one learns a number of possible counter-moves against different types of possible enemies. These pseudo-battles are done over and over until they become instinct. Likewise, in the Earth Battalion, plausible engagements are rehearsed until each soldier has the routine cold. In this way, the battalion can operate in the absence of commands from its leaders, who may be out of touch, because of the new realities of modern warfare.
Both soldiers and units can achieve an ethical evolution. The benefits of this progress are both immediate and long range. Both soldiers and units can achieve flow states, when that happens work doesn’t seem like work but everything gets done. Mental solitude doesn’t produce lethargy; it increases functional effectiveness.

Whether you are a single warrior or part of a unit, these principles apply:

The ethic here is one of "loving protection." These principles are a blend of those martial arts disciplines that have already struggled with the concepts of ethics. They can apply to strategy as well as tactics.
connecting an army of light

THE FIRST EARTH BATTALION

moment

having impact
is a function of
leverage and moment.
the martial arts
teach principles
that apply to
many actions.

THE FIRST EARTH BATTALION
**getting ready**

Information is a part of learning but should not become the process.

Information should feed a realistic approximation of the challenge to be faced.

Simulations or challenge environments as they are called in the Earth Battalion, constitute the primary training approach for the future.

This is a useful educational model for all evolutionary systems.

---

**soldiers values are good**

Dwight Eisenhower said:

"Someday people are going to want peace so badly that the governments of the world will have to stand back and let them have it."

Someday the soldiers of the world may come to their highest ideals and realize that only they can agree to disarm the world fire bomb."
In the end, progress is a reflection of how good we are to each other and to our mother... the EARTH. Here are the beginnings of EARTHWORK projects that could dramatically change the quality of our home... the PLANET. Organized military forces are the perfect catalyst for this action. Nature by itself is beautiful but nature nurtured by people is paradise.

THE FIRST EARTH BATTALION

Natural wilderness is wonderful but can't really compare with the result when man consciously organizes and nurtures the plants and waterways. The lack of care and attention paid to our mother earth is criminal compared with the results that could be forthcoming with a massive organized effort.

Armies have traditionally served as evolutionary agents in organizing and training nature. West Point was established to train military civil engineers. The Corps of Engineers today manages the nation's waterways. The work of massive reforestation for example is a natural for an organization with discipline, communications, and transportation.

Using school children and large elements of the unemployed sector the army could restore the ecological integrity of the earth mother as a primary job. They could support and protect large elements of society into the countryside.

When the day comes when a large combat force isn't needed to fight abroad then the alternatives to combat must be surfaced as intelligently thought out plans that can generate the enthusiasm of soldiers and members of the community alike.

Forests can be planted by children propelled to the site by army reserve or active units. These forests could be designed to affect weather patterns, enhance the beauty of the countryside with some interesting planting designs and even be used to make energy efficient pathways for aircraft over the deserts wherein the air is thin. Combining forests with new low energy waterway transportation and new canals would restore the supportive potential of the land to support the nation in an era of diminishing resources.

hark! it's the natural guard
One of Earth's pieces of super technology is the tree. Can you imagine tree-paved pathways passing through the desert to give more lift to aircraft? Can you imagine what impact it would have if the children of Egypt and Israel planted a spiral forest in the desert. It would provide an integrated border, eco-consciousness and a visible reminder more striking than the Great Wall of China.

**Tree Tactics**

**Soldier Technology**

**Eco Force Operations**

Ask the military to spearhead a drive to repopulate the western desert areas, to connect the outposts between Canada and the US...to harvest the Kudzu in the southeast...and to make all their posts energy solvent by 1990. They can do it!
In the average community, modern energy-saving approaches run up against many of the most powerful politicians... they are not evil... they just want to prop up the companies already in operation.

the military on the other hand have communities without vested interests.

Again tech and high folk working together.

THE FIRST EARTH BATTALION

let the army help!

On Earth Battalion suggestion:

the ARMY is a key element in the revolutionary jiu-jit about to occur. The National Guard will power the ALPHA FORCE in human rescue. The army reserve will organize major revolutionary projects as the BETA FORCE. The active army will train and arm the GAMMA FORCE as they operate strategically to resolve conflicts. The planning for revolutionary work and the adjustment of paradise is already part of the army's DELTA FORCE.

Military Organizations of the world have all been used to do evolutionary projects.

The American Army has been the leader in revolutionary work in this country:

- race integration
- computer revolution
- advanced schools
- social mobility
- rehabilitation
- sex integration
- systems revolution
- research & development

make them an offer they can't refuse!
The First Earth Battalion (spirit) in all belief systems and honors the spirit in all living creatures. Here are some ideas on how spirit is unfolding to those on the frontier. You however, must release yourself to the force inside you... for no other descriptions matter in the end. The Earth Battalion honors all paths to enlightenment.

<table>
<thead>
<tr>
<th>Year</th>
<th>Project</th>
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<tbody>
<tr>
<td>1982</td>
<td>Natural Disaster Rescue</td>
</tr>
<tr>
<td>1982</td>
<td>Nuclear Suicide Rescue</td>
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<tr>
<td>1982</td>
<td>Freedom's Forests Project</td>
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<td>1982</td>
<td>Sweet Spots in the Cities Project</td>
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<td>1984</td>
<td>New Horizon Townships Project</td>
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<tr>
<td>1985</td>
<td>The Wildlife Waterways Project</td>
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<td>1987</td>
<td>Connections - National TV Project</td>
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<td>1987</td>
<td>Music in the Wind Project</td>
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<td>1988</td>
<td>Cosmo Culture Project</td>
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<td>1989</td>
<td>Good Works Project</td>
</tr>
<tr>
<td>1991</td>
<td>Artists in Action</td>
</tr>
</tbody>
</table>

**Delta Force**

- Strategic Force
- Nuclear Disposal

**Beta Force**

- The Evolutionary Vanguard
- The Academy
- International Team
- Hospice Intervention
- Terrorist Intervention

**Gamma Force**

- The Natural Guard
- Alpha Force
- The First Earth Battalion

**The First Earth Battalion**

Spirit Work

The warrior-monk is empowered by spirit. The evolutionary actor can see the designing intelligence of God (spirit) in all belief systems and honors the spirit in all living creatures. Here are some ideas on how spirit is unfolding to those on the frontier. You however, must release yourself to the force inside you... for no other descriptions matter in the end. The Earth Battalion honors all paths to enlightenment.
If in fact we want to have a heaven on earth... then a class of angels should come forth and begin the work.

Actually, that class of angel is surfacing now everywhere on the planet. They are truly loving and competent humans because they are open to all the best that have gone before.

Open your heart... The universe will feed you.

---

dumping the word disease

Language can determine where you spend your life. Balance the language in your life and you will balance your life.
If you find life cold and hard, maybe you should try the other set of tongues.

One way of describing the process of enlightenment is peeling off the structure and into the spirit. If you can't travel freely into either set you're stuck in the cultural trance.
We are internally programmed towards freedom, novelty and variety. We therefore push all of our organizational structures to the limit. The process is a pushing and pulling sequence that yanks old systems 'out of their comfort zones.'

When you look into the heavens an intelligent system appears. The opportunity for boundless travel exists. When you look at our own biosphere an intelligent system appears. The opportunity for boundless life and life forms exists. When you look at the human brain an intelligent system appears, the opportunity for boundless growth exists. Wake up!! Don't miss God's free handiwork... it's the most wondrous show around.
There are many new and exciting resources to assist your team with their personal evolution. Some are written and some are packaged trainings. Depending on whether you have access to a large enough city to do any of the trainings you can choose the written offerings instead. Many of the books must also be purchased in alternative bookstores in relatively large cities. For that reason we have included a larger number of works, many of which should be locally available.

God is...and God becomes... Evolution is what's happening to the universe and therefore evolution is God as a verb.

Evolution is our choice over stagnation or devolution.

Evolution is God's promise to be and to become. God is the matter, energy, information, and life forms that comprise the is...are designed in such a way to cooperate with evolution. We are all ONE as God. We can be evolution. (but you must choose).

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The trainings are all only as effective as the particular trainers you draw. Never-the-less, the trainings we have selected have a national reputation generally worthy of good quality control.

The URANTIA BOOK and COURSE IN MIRACLES can nicely support weekly discussions. Many of the rest of the books are best used for individual work.

OUR PAST IS NOT OUR POTENTIAL.

THE AQUARIAN CONSPIRACY by Marilyn Ferguson

Hardcover edition $15.00

Softcover edition $7.95
Bibliography

be nice to your mother

THE FIRST EARTH BATTALION

Thanks friends

This publication has been collected by direct experience with the tradition of teaching material created by over 100 artists, groups, and individuals. Many of these contributions have come from people who have been influenced by various forms of alternative medicine and spirituality. The text includes contributions from a wide range of practitioners from different faiths and backgrounds. Special thanks to the many individuals who have supported this project, including Frank Burris, Oscar Tomado, Bill Moore, Bill Miller, John Anderson, Bob Range, and many others. The text also includes contributions from the Pacific Institute, the Earth Institute, the Earth Institute, and various other organizations.

Jim Cheyenne

THE FIRST EARTH BATTALION

...dedication

This mini-cause was printed by Howard Communications. Initial funds were provided by our friends at the Pacific Institute. Special thanks to Sun Bear, Howard Communications, and various other organizations.

The Foundation

THE FIRST EARTH BATTALION